November 2026

Kiwanis Village Nanaimo

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 First Baptist Hymn Sing - Lodge 1st floor Daylight Saving Time Ends	**2** 10:00 Strength & Stretch A 10:00 Range of Motion V 1:00 Bingo S 1:00 Mexican Train HL	**3** 9:30 Manicures A/V **10:00 Mending by Anne HL** 1:00 Bingo A 2:30 Tile Rummy HL 3:00 Hymn Sing FD	**4** 10:00 Seated Tai Chi A 10:00 Range of Motion S 10:30 Therapeutic Sound A **11:30 Woodgrove Mall Outing** *(sign-up)*	**5** 10:00 Baking: Rose's Peppermint Cookies A 10:00 Range of Motion V 10:30 Mind Joggers V 10:30 St. Paul's Communion HL 1:00 Bingo A **2:00 House Resident Meeting A** **2:15 Coffee with the Chefs V**	**6** 10:00 Sit~Pedal~Learn A 10:00 Exercises S 10:30 Brain Games S **1:00 Tim on the Piano S** 2:15 Book Club-New Book HL 2:30 Armchair Food Travel to Turkey V	**7**
8 2:00 Worship with Wakesiah Gospel - Lodge 1st floor Diwali (Hindi)	**9** 10:00 Strength & Stretch A 10:00 Range of Motion V 10:30 Cranium Crunches A 10:30 Mind Joggers V **1:00 Remembrance Day Tea Music by Glen & Maggie A**	**10** 9:30 Manicures S **10:00 "Financial Safety & Avoiding Scams" with Anne-Marie from New Horizons A** **10:00 Pen Pal Club S** 1:00 Bingo A 2:15 The Gentleman's Club; Create a Wood Coaster A 2:30 Tile Rummy V	**11** Remembrance Day Remembrance Day (Canada)	**12** 10:00 Baking: George's Shortbread Cookies A 10:00 Range of Motion V 10:30 Mind Joggers V **1:00 Community Bingo A**	**13** 10:00 Sit~Pedal~Learn A 10:00 Exercises S 10:30 Brain Games S 1:00 Curling A **2:00 Suites Resident Meeting S** 2:30 Armchair Travel to the Seychelles V	**14** 1:00 Bible Study S
15 2:00 Worship with St Paul's Lutheran - Lodge 1st floor	**16** 10:00 Strength & Stretch A 10:00 Range of Motion V **1:00 Birthday Celebration with Keith Phillips A** **2:15 VIU Nursing Students Present on RSV FD**	**17** **10:00 Mending by Anne HL** **Winter Market** **10:00-2:00**	**18** 10:00 Exercises A 10:00 Range of Motion S 10:30 Group Crossword A 10:30 Word Games S **1:00 Sing a Long with Nazarene Church FD** **2:00 Moroccan Travel Presentation with Heiko A**	**19** 10:00 Create your own Amalfi Coast Tile A 10:00 Range of Motion V 10:30 Mediterranean Trivia V 1:00 Bingo A	**20** 10:00 Sit~Pedal~Learn A 10:00 Exercises S 10:30 Brain Games S **1:00 Horticulture with Bianca** **1:00 Country Club Mall Outing** *(sign-up)*	**21**
22 2:00 Hymn Sing and Social FD 2:00 Worship Service with Generations Church - Lodge 1st floor	**23** 10:00 Strength & Stretch A 10:00 Range of Motion V 10:30 Cranium Crunches A 10:30 Mind Joggers V 1:00 Mexican Train HL **1:00 Music with Anthony Seufert S** **2:00 Villa Resident Meeting V**	**24** 10:00 Manicures A/V 1:00 Bingo A 2:30 Skip-Bo HL	**25** **1:00 Round Table Social with Pharmacist Karen A** **2:30 New Resident Welcome Social FD** **6:00 Kiwanis Light Up Celebration by the Fountain**	**26** Christmas Decorating Thanksgiving Day (U.S)	**27** **10:00 Scrabble with Montessori Students A** Christmas Decorating	**28** 1:00 Bible Study S
29	**30** Christmas Decorating **1:00 Music with Heads Up A**					

Legend
A-Auditorium
V-Villa
S-Suites
HL-House Lounge
FD-Fireside Dining Room

Please call your Recreation Team with any questions: (250) 740-2879

Christine D. – November 10th (S)
Laurie H. – November 10th (V)
Maggie M. – November 12th (H)
Anita D. – November 13th (S)
Donna H. – November 15th (H)
Hans P. – November 16th (V)
Ike F. – November 16th (H)
Dolores J. – November 24th (V)
Kelly W. – November 28th (S)

Program Spotlight

Kiwanis Light Up Celebration
The fourth Wednesday of November is becoming an evening looked forward to by many at Kiwanis Village! The Maintenance Team will be spending most of November hard at work prepping the Village grounds for the holiday season and at 6pm on November 25th we will all celebrate as the lights are officially turned on, kicking off the 2026 Holiday Season! So, grab a coat, grab a friend, and come on down to the Fountain for some hot cocoa, cookies, and great company while we admire the beauty of the Village!

Knowledge is Power!
We are looking for ideas of interest for guest speakers in 2027. Is there a topic you would like to know more about? It could be health-related, finance-related, aging-related, safety-related, or something else completely. Please let Carly know and the Recreation Team will see if we can find a guest speaker to come present on the topic – because chances are, if you have questions about something, so does someone else!

Program Spotlight

LEAP Card Program
What is a LEAP Card? LEAP stands for Leisure Economic Access Pass. This pass supports seniors and families to access parks and recreation programs and services offered by the City of Nanaimo.
What can the card be used for? The card gets you 50 free admissions to swimming, skating or the weight room, 50% off registered programs, free admission to the Nanaimo Art Gallery & Nanaimo Museum, and more! Bonus perks may include free tickets to Port Theatre shows that have not sold out and free admission to special art shows hosted by the City!
In order to qualify you must have made below $26,290 in 2025 and provide a copy of your notice of Assessment for 2025 or Proof that you receive Seniors GIS from the Federal Government.
Please reach out to Kendall in Recreation if you would like help submitting an application to take advantage of this great resource!

Winter Market
The annual Kiwanis Village Winter Market is happening this month! Staff, residents, volunteers, families, and other Nanaimo residents have been hard at work preparing for the market and will have their creations ready for your shopping in the Auditorium from 10am-2pm on Tuesday, November 17th! This event is open to the public so feel free to spread the word!

Round Table Health Chats
We are very fortunate to have a partnership with Island Health and their health professionals! Pharmacist Karen will be here on November 25th to share some knowledge and answer any pharmacy questions people may have. This month she will be focusing on women's health and next time on men's health but anyone is welcome to attend any time!

Holiday Baking
Do you have a favourite holiday treat that you would like to bake as a group? Reach out to Kendall to get it on the December calendar!

Special Events in November

November 3rd – Mending by Anne
November 4th – Woodgrove Mall Outing
November 5th – House Resident Meeting
November 5th – Villa's Coffee with the Chefs
November 6th – Tim on the Piano
November 9th – Remembrance Day Tea with Music by Glen & Maggie
November 10th – Presentation by New Horizons: "Financial Safety & Avoiding Scams"
November 10th – Pen Pal Club
November 11th – Remembrance Day – No Recreation
November 12th – Community Bingo
November 13th – Suites Resident Meeting
November 16th – Birthday Celebration with Music by Keith
November 16th – Nursing Students Present on RSV
November 17th – Kiwanis Village Winter Market
November 18th – Sing-a-Long with Nazarene Church
November 18th – Moroccan Travel Presentation with Heiko
November 20th – Horticulture with Bianca
November 20th – Country Club Mall Outing
November 23rd – Music with Anthony Seufert
November 23rd – Villa Resident Meeting
November 25th – Round Table Social with Pharmacist Karen
November 25th – New Resident Welcome Social
November 25th – Kiwanis Light Up Celebration
November 27th – Scrabble with Montessori Kids
November 30th – Music with Heads Up

KIWANIS VILLAGE NANAIMO