

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Happy Harvest, Foggy Fields & Ghoulish Gourds!

10:00 Crib 3F 10:45 Tuck Cart All Floors 11:30 Budgies & Greens 2F & 3F 2:00 Hymn Sing with First Baptist 1F 2:45 Snack & Social Time 1F 5:45 Good News Network 2F	4	 ROAD WORLDS FOR SENIORS 10:00 Craft n' Creations 11:00 Bird Care 2F & 3F 1:30 Balloon Badminton 1F 2:30 Snack & Social Time 1F 3:00 Motiview Biking-Road Worlds Kiwanis Village Riders Pedal Contest Starts Today 1F 5:45 Vintage TV Trivia 3F	5	9:05 Motiview Biking 1F 10:15 Stretch & Strength 1F 11:00 Bird care 2F & 3F 1:30 Apple Harvesting 2F 2:00 Name That Sound 1F 2:45 Snack & Social Time 1F 5:45 Evening Spa Time 4F	6	8:50 MT Breakfast Club 3F 9:05 Motiview All Morning 1F 10:00 Communion Visits 10:30 Music Therapy Grp 4F 1:00 Life Journey Singers 3F 1:30 Music Therapy 2F 1:30 Bingo 1F 2:45 Snack & Social Time 1F 5:45 1 to 1 Visits 3F	7	10:15 Fun with Fitness 1F 11:00 Bird Care 2F & 3F 2:00 Afternoon Singalong with Keith 1F 2:45 Snack & Social Time 1F 5:45 Let's Reminisce 1F	1	9:05 Motiview Biking 1F 10:15 Curling 1F 11:00 Bird Care 2F & 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F	2	9:05 Motiview Biking 1F 9:05 1 to 1 Motiview 1F 10:15 Fitness Group 1F 10:15 Social Walks 11:00 Budgie Refresh 2F & 3F 2:00 Music Trivia 1F 2:00 1to1 Visits 3/4F 3:00 Snack & Social Time 1F Simchat Torah Begins	3
10:00 Crib 3F 10:30 Walking Group 11:30 Budgies & Greens 2F & 3F 2:00 Worship Service with Wakesiah Gospel 1F 2:45 Snack & Social Time 1F 5:45 Good News Network 3F	11	10:00 Craft n' Creations 1F 11:00 Bird Care 2F & 3F 1:30 Giving Thanks 3F 1:45 Music with Cliff 1F 2:30 Snack & Social Time 1F 3:00 Motiview Biking 1F 5:45 Vintage TV Trivia 2F Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12	9:05 Motiview Biking 1F 10:15 Stretch & Strength 1F 10:30 Fall Potpourri 2F 11:00 Bird Care 2F & 3F 1:30 Surprise Drive 2:15 Story Telling with Margaret 4F 3:15 Snack & Social Time 1F 5:45 Table Top Games 3F	13	8:50 MT Breakfast Club 4F 9:05 Motiview All Morning 1F 10:00 Communion Visits 10:30 Music Therapy Grp 2F 1:00 Life Journey Singers 4F 1:30 Music Therapy 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F 5:45 What's in The Bag?	14	10:15 Fun with Fitness 1F 11:00 Bird Care 2F & 3F 2:00 October Birthday Party with Keith 1F  2:45 Snack & Social Time 1F 5:45 You Be the Judge 1F	15	9:05 Motiview Biking 1F 10:15 Bowling 1F 10:30 Pumpkin Seed Harvesting 4F 11:00 Bird Care 2F & 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F	16	9:05 Motiview Biking 1F 9:05 1 to 1 Motiview 1F 10:15 Fitness Group 1F 10:15 Social Walks 11:00 Budgie Refresh 2F & 3F 2:00 Music Trivia 1F 2:00 1 to 1 Visits 3/4F 3:00 Snack & Social Time 1F	17
10:00 Crib 3F 10:45 Tuck Cart All Floors 11:30 Budgies & Greens 2F & 3F 2:00 Worship Service with St. Paul's Lutheran Church 1F 2:45 Snack & Social Time 1F 5:45 Fall Sensory Visits 2F	18	10:00 Craft n' Creations 1F 11:00 Bird Care 2F & 3F 1:30 Name That Tune 1F 2:30 Snack & Social Time 1F 3:00 Motiview Biking 1F 5:45 Vintage Movie Trivia 3F	19	9:05 Motiview Biking 1F 10:15 Stretch & Strength 1F 10:30 Pumpkin Bouquets 2F 11:00 Bird Care 2F & 3F 1:30 Nanaimo Men's Shed 1F 2:00 Fall Baking 1F 3:00 Snack & Social Time 1F 5:45 Evening Spa Time 2F	20	8:50 MT Breakfast Club 2F 9:05 Motiview All Morning 1F 10:00 Communion Visits 10:30 Music Therapy Grp 3F 1:00 Life Journey Singers 2F 1:30 Music Therapy 4F 1:30 Bingo 1F 2:45 Snack & Social Time 1F 5:45 1 to 1 Visits 3F	21	10:15 Fun with Fitness 1F 11:00 Bird Care 2F & 3F 2:00 Music with the Some-timers 2:45 Snack & Social Time 1F 5:45 Categories 1F	22	9:05 Motiview Biking 1F 10:15 Curling 1F 10:45 Resident Council Meeting 1F Board Room 11:00 Bird Care 2F & 3F 2:00 Oktoberfest with Anthony 1F 	23	9:05 Motiview Biking 1F 9:05 1 to 1 Motiview 1F 10:15 Drum Fitness 1F 10:15 Social Walks 11:00 Budgie Refresh 2F & 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F	24
10:00 Crib 3F 10:30 Walking Group 11:30 Budgies & Greens 2F & 3F 2:00 Worship Service with Generations Church 1F 2:45 Snack & Social Time 1F 5:45 Fall Sensory Visits 3F	25	10:00 Craft n' Creations 1F 11:00 Bird Care 2F & 3F 1:30 Surprise Physical Game 2F 1:45 Music with Cliff 1F 2:30 Snack & Social Time 1F 3:00 Motiview Biking 1F 5:45 Vintage Movie Trivia 2F	26	9:05 Motiview Biking 1F 10:15 Stretch & Strength 1F 10:30 Autumn Leaf Sorting 2F 1:30 Apple Cider & Forest Floor Creations 1F 2:15 Story Telling with Margaret 4F 2:30 Snack & Social Time 1F 5:45 Evening Spa Time 3F	27	8:50 MT Breakfast Club 2F 9:05 Motiview All Morning 1F 10:30 Music Therapy Grp 4F 1:00 Life Journey Singers 3F 1:30 Music Therapy 3F 1:15 Bingo 1F 2:15 Snack & Social Time 1F 5:45 What's in the Bag? Sensory game 4F	28	10:15 Fun with Fitness 1F 11:00 Bird Care 2F & 3F 1:30 Fall Drive 2:15 Artists Corner 1F 3:00 Snack & Social Time 1F 5:45 Reminiscing 1F	29	9:05 Motiview Biking 1F 10:15 Balloon Badminton 4F 10:30 Catholic Mass 1F 11:00 Bird Care 2F & 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F Motiview Road Worlds Pedal Contest Ends Today	30	9:05 Motiview Biking 1F 9:05 1 to 1 Motiview 1F 10:15 Fitness Group 1F 10:15 Social Walks 11:00 Budgie Refresh 2F & 3F 2:00 Halloween Party & Trick Treat Time 1F  Halloween	31