

| Sunday                                                                                                                                                                                                                                                                                   | Monday                                                                                                                                                                     | Tuesday                                                                                                                                                                                                                                                           | Wednesday                                                                                                                                                                                                                                                                                    | Thursday                                                                                                                                                                                                                | Friday                                                                                                                                                                                                                                     | Saturday                                                                                                                                                                                                                  |
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| 10:15 Crib 3F<br>10:45 Tuck Cart All Floors<br>11:00 1-1 Visits 3/4F<br>11:30 Budgies & Greens 2/3F<br>2:00 Hymn Sing with First Baptist 1F<br>2:45 Snack & Social Time 1F<br>5:45 Time with You 2F<br> | 10:00 Balloon Badminton 1F<br>11:00 Bird Care 2F & 3F<br>1:30 Craft n' Creations 1F<br>2:45 Snack & Social Time 1F<br>3:00 Motiview Biking 1F<br>5:45 Vintage TV Trivia 3F | 9:05 Motiview Biking 1F<br>10:15 Stretch & Strength 1F<br>10:15 1to1 Visits 3/4<br>10:15 Farm Harvest Baskets & Reminisce 2F<br>11:00 Bird care 2F & 3F<br>1:30 Bedside Bouquets<br>2:30 Snack Social Time 1F<br>5:45 Time with You 4F                            | 8:50 MT Breakfast Club 2F<br>9:05 Motiview All Morning 1F<br>10:00 Communion Visits<br>10:30 MT 1-1's 3/4F<br>1:00 Life Journey Singers 4F<br>1:30 Bingo 1F<br>2:45 Snack & Social Time 1F<br>5:45 Meaningful Moments 2F                                                                     | 10:15 Fun with Fitness 1F<br>11:00 Bird Care 2F & 3F<br>2:00 Afternoon Singalong with Keith 1F<br>2:45 Snack & Social Time 1F<br>5:45 Spanish Class 1F                                                                  | 9:05 Motiview Biking 1F<br>10:15 Scenic Morning Drive<br>10:30 Social and Brain Games 1F<br>10:30 Nature Sensory Small Group 3F<br>11:00 Bird Care 2F & 3F<br>1:30 Bingo 1F<br>2:45 Snack & Social Time 1F                                 | 9:05 Motiview Biking 1F<br>10:15 Drum Fitness 1F<br>10:15 Social Walks<br>11:00 Budgie Refresh 2F & 3F<br>2:00 Artist Corner 1F<br>2:00 1to1 Visits 3F<br>3:00 Snack & Social Time 1F                                     |
| 10:15 Crib 3F<br>11:00 1-1 Visits 3/4F<br>11:30 Budgies & Greens 2F & 3F<br>2:00 Worship Service with Wakesiah Gospel 1F<br>2:45 Snack & Social Time 1F<br>5:45 Sensory Visits 3F<br><small>Diwali (Hindi)</small>                                                                       | 10:00 Hockey 1F<br>11:00 Bird Care 2F & 3F<br>1:30 Craft n' Creations 1F<br>2:45 Snack & Social Time 1F<br>3:00 Motiview Biking 1F<br>5:45 Time with You 4F                | 9:05 Motiview Biking 1F<br>10:15 Stretch & Strength 1F<br>10:30 Nature Sensory Small Group 4F<br>11:00 Bird care 2F & 3F<br>1:30 Diwali Rangoli 1F<br>3:00 Snack & Social Time 1F<br>5:45 Tabletop Games 3F                                                       | 10:15 Remembrance Observation 1F<br>1:00 Life Journey Singers 2F<br>2:00 Remembrance Tea & Show with Terry 1F<br>5:45 Meaningful Moments 4F<br>                                                           | 10:15 Fun with Fitness 1F<br>11:00 Bird Care 2F & 3F<br>2:00 Singalong with the Folkn'Oldies 1F<br>2:45 Snack & Social Time 1F<br>5:45 Bunko 1F                                                                         | 9:05 Motiview Biking 1F<br>10:15 Curling 1F<br>10:30 Indoor Plant Care 2F<br>11:00 Bird Care 2F & 3F<br>1:30 Bingo 1F<br>2:45 Snack & Social Time 1F                                                                                       | 9:05 Motiview Biking 1F<br>10:15 Fitness Group 1F<br>10:15 Social Walks<br>11:00 Budgie Refresh 2F & 3F<br>2:00 Lets Bake 1F<br>2:00 1to1 Visits 3/4F<br>3:00 Snack & Social Time 1F                                      |
| 10:15 Crib 3F<br>10:45 Tuck Cart All Floors<br>11:00 1-1 Visits 3/4F<br>11:30 Budgies & Greens 2F & 3F<br>2:00 Worship Service with St. Paul's Lutheran Church 1F<br>2:45 Snack & Social Time 1F<br>5:45 Time with You 2F                                                                | 10:00 Balloon Badminton 1F<br>11:00 Bird Care 2F & 3F<br>1:45 Music with Cliff 1F<br>2:30 Snack & Social Time 1F<br>3:00 Motiview Biking 1F<br>5:45 Vintage TV Trivia 3F   | 9:05 Motiview Biking 1F<br>10:15 Stretch & Strength 1F<br>10:30 Nature Sensory 3F<br>11:00 Bird care 2F & 3F<br>1:30 Nanaimo Men's Shed 1F<br>1:30 Afternoon Drive<br>2:00 Orange you Glad it's Winter 2F<br>2:45 Snack & Social Time 1F<br>5:45 Time with You 4F | 8:50 MT Breakfast Club 2F<br>9:05 Motiview All Morning 1F<br>10:00 Communion Visits<br>10:30 MT 1-1's 3/4F<br>1:00 Life Journey Singers 3F<br>1:30 Bingo 1F<br>2:45 Snack & Social Time 1F<br>5:45 Meaningful Moments 3F                                                                     | 10:30 Resident General Meeting 1F<br>11:00 Bird Care 2F & 3F<br>2:00 November Birthday Party with Keith 1F<br> 5:45 Reminiscing 1F | 9:05 Motiview Biking 1F<br>10:15 Wrecking Ball 1F<br>10:30 Indoor Plant Care 3F<br>11:00 Bird Care 2F & 3F<br>1:30 Bingo 1F<br>2:45 Snack & Social Time 1F                                                                                 | 9:05 Motiview Biking 1F<br>10:15 Drum Fitness 1F<br>10:15 Social Walks<br>11:00 Budgie Refresh 2F & 3F<br>2:00 Artists Corner 1F<br>2:00 1to1 Visits 2F<br>3:00 Snack & Social Time 1F                                    |
| 10:15 Crib 3F<br>10:30 Walking Group<br>11:00 1-1 Visits 3/4F<br>11:30 Budgies & Greens 2F & 3F<br>2:00 Worship Service with Generations Church 1F<br>2:45 Snack & Social Time 1F<br>5:45 Sensory Visits 3F                                                                              | 10:00 Groovy Moves 1F<br>11:00 Bird Care 2F & 3F<br>1:30 Craft n' Creations 1F<br>2:45 Snack & Social Time 1F<br>3:00 Motiview Biking 1F<br>5:45 Time with You 2F          | 9:05 Motiview Biking 1F<br>10:15 Stretch & Strength 1F<br>10:15 1to1 Visits 2/3<br>10:30 Nature Sensory Small Group 4F<br>11:00 Bird care 2F & 3F<br>2:15 Stories with Margaret 1F<br>2:45 Snack & Social Time 1F<br>5:45 Time with You 4F                        | 8:50 MT Breakfast Club 2F<br>9:00 Christmas Decorating<br>10:30 MT 1-1's 3/4F<br>1:00 Life Journey Singers 4F<br>1:30 Bingo 1F<br>2:45 Snack & Social Time 1F<br>6:00 Kiwanis Christmas Light Up 1F<br> | Christmas Decorating All Day<br>11:00 Bird care 2F & 3F<br>1:00 Food Committee Meeting 1F Board Room<br>2:00 Music with Marty Steele on Piano 1F<br><small>Thanksgiving Day (U.S)</small>                               | Christmas Decorating All Day<br> 10:30 Catholic Mass 1F<br>10:30 Grand Fir Forest Chai 2F<br>11:00 Bird care 2F & 3F<br>1:30 Moss Tabletop Forests 4F | Christmas Decorating<br>11:00 Budgie Refresh 2F & 3F<br>2:00 Categories 1F<br>2:00 1to1 Visits 2F<br>3:00 Snack & Social Time 1F<br> |
| 10:15 Crib 3F<br>10:45 Tuck Cart All Floors<br>11:00 1-1 Visits 3/4F<br>2:00 Memorial Service & Worship Service w Wakesiah Gospel 1F<br>2:45 Snack & Social Time 1F<br>5:45 Time with You 2F                                                                                             | 10:00 Balloon Badminton 1F<br>11:00 Bird Care 2F & 3F<br>1:45 Music with Cliff 1F<br>2:30 Snack & Social Time 1F<br>3:00 Motiview Biking 1F<br>5:45 Vintage TV Trivia 3F   | <div>  <h1>November 2026</h1> </div>                                                                                                                                          |                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                         |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                           |