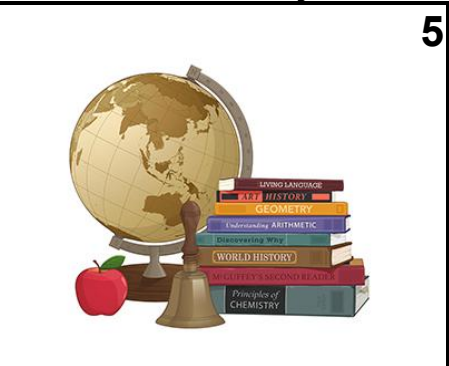
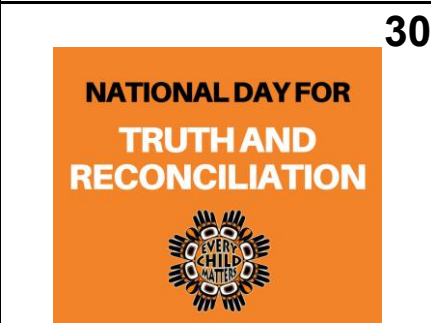


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Legend A-Auditorium V-Villa S-Suites HL-House Lounge FD-Fireside Dining Room	9:30 Manicures A/S 1 1:00 Bingo A 2:30 Strengthen your Brain HL 3:00 Hymn Sing FD	Grand Parade Fundraiser 2 11:00 - 1:00 pm BBQ Hotdog Lunch \$5 for a Hotdog, Chips & Pop <i>by the Fountain</i> 1:00 Nazarene Church Visit FD 2:00 Curling A	Grand Parade 50/50 Draw 3 10:00 Ball Drum Fitness A 10:30 St.Paul's Communion HL 12:00 Movie Outing: Breakfast at Tiffany's <i>(sign-up)</i> 2:00 Coffee Chat V 2:15 Coffee with the Chefs S	10:00 Sit~Pedal~Travel A 4 10:00 Exercises S 10:30 Brain Games S 1:00 Tim on the Piano S 2:30 Armchair Travel to Barbados V 2:30 Book Club (new book) HL	
6 2:00 Coffee Chat V 2:00 First Baptist Hymn Sing - Lodge 1 st floor	7 	8 9:30 Manicures V 1:00 Bingo A 2:30 Coffee with Heidi V 2:30 Flower Arrangements with Kendall A 6:30 Outdoor Movie: 'Remarkably Bright Creatures' <i>on the Auditorium Patio</i>	9 10:00 Seated Tai Chi A 10:00 Range of Motion S 10:30 Cranium Crunches A 10:30 Word Games S 11:30 Woodgrove Mall Outing (sign-up)	10 10:00 Ball Drum Fitness A 10:00 Exercises S 10:30 Word Games A 10:30 Brain Games S 1:00 Bingo A 2:00 Villa Resident MeetingV 2:30 Tile Rummy S 2:30 Scrabble HL	11 10:00 Sit~Pedal~Learn A 10:00 Exercises S 10:30 Brain Games S 1:00 September Birthday Celebration with Lou & Donna A Rosh Hashanah Begins	12 1:00 Bible Study S
13 2:00 Worship with Wakesiah Gospel - Lodge 1 st floor 	14 10:00 Strength & Stretch A 10:00 Range of Motion V 10:30 Cranium Crunches A 10:30 Mind Joggers V 1:00 Air Dry Clay Craft A 1:00 Music with Keith Philips S	15 9:30 Manicures A/S 10:30 Morning Walk with Honey & Olive A 1:00 Bingo A 2:30 Scrabble V 2:30 The Gentlemen's Club: Woodwork Project (sign-up)	16 10:00 Seated Tai Chi A 10:00 Range of Motion S 10:30 Cranium Crunches A 10:30 Word Games S 12:30 Country Club Mall Outing (sign-up)	17 Grand Parade 50/50 Draw 10:00 Ball Drum Fitness A 10:00 Exercises S 10:30 Word Games A 10:30 Brain Games S 1:00 Community Bingo A	18 10:00 Sit~Pedal~Learn A 10:00 Exercises S 10:30 Brain Games S 1:00 Horticulture with Bianca	19  10:00 Check-In at Fountain 11:00 Walk the Kiwanis route Oktoberfest Begins
20 2:00 Hymn Sing and Social FD 2:00 Worship with St Paul's Lutheran - Lodge 1 st floor Yom Kippur Begins	21 10:00 Range of Motion V 10:30 Mind Joggers V 1:00 Bingo S 2:00 House Resident Meeting A 6:00 Wine & Cheese Social A	22 First Day of Autumn 10:00 Terry Fox Walk & Roll <i>Meet at the Fountain</i> 1:00 Bingo A 2:00 Suites Resident Meeting S 2:30 Therapeutic Sound HL 2:30 Coffee with Heidi V Autumn Begins	23 10:00 Seated Tai Chi A 10:00 Range of Motion S 10:30 Cranium Crunches A 10:30 Word Games S 1:00 Conversations with Nurse Carla S 2:30 New Resident Welcome Tea A	24 10:00 Watercolour Painting Maui Sunset A 10:00 Exercises S 10:30 Brain Games S 1:00 Tacky Tourist Bingo A Hawaiian Day	25 10:00 Help Decorate for Fall 1:00 Gospel Hour with Anthony Seufert A 2:30 Armchair Food Travel to Halifax V Sukkot Begins	26 1:00 Bible Study S
27 2:00 Coffee Chat V 2:00 Worship Service with Generations Church - Lodge 1 st floor	28 10:00 Strength & Stretch A 10:00 Range of Motion V 10:30 Cranium Crunches A 10:30 Mind Joggers V 1:00 Musical Entertainment with "Heads Up" A	29 9:30 Manicures S 10:00 Kiwanis Culinary Club; Bannock Bread (sign-up) 1:00 Indigenous History, Culture Awareness and Bannock Tasting <i>In Honour of Truth and Reconciliation Day A</i>	30 			

Please call your Recreation Team with any questions: (250) 740-2879



Meg M. – September 3rd (S)
Sheila C. – September 7th (S)
Jack M. – September 9th (V)
Laura T. – September 17th (S)
Flo K. – September 24th (S)
Jeremiah M. – September 26th (S)
Stu L. – September 28th (V)

Program Spotlight

Resident-Led Programs

Do you have a hobby, passion, or hidden talent that you would like to share with/teach to others? Reach out to the Recreation Team, we would love to help you set up a time to do just that!

Evening Music Groups

Although we do not always have room to highlight these groups on the calendars, we are very fortunate to welcome both the Irish Music Group on Wednesday Evenings and the Nanaimo Folk Band and Fiddelium Thursday evenings! They both rehearse in the Auditorium and are always very welcoming of spectators!

Program Spotlight

The Grand Parade Is Here!

After months of planning, fundraising, reaching out to local businesses for sponsorships, accepting donations, and working tirelessly to raise money to help enrich the lives of everyone at Kiwanis Village, the Big Day has arrived! Mark your calendars for **Saturday, September 19th** and **meet us by the Fountain between 10am-10:30am – the walk starts at 11am prompt! We have Grand Parade shirts for everyone who has joined a team and helped raise the funds!** Until then, come check out our hotdog fundraiser on September 2nd and make sure to enter our last two 50/50 draws, which will be drawn on September 3rd and 17th!

If you are not physically able to take part in the walk (or just don't want to!) but still want to be a part of Event Day, please reach out to the Recreation team – we have lots of easy **volunteer positions** we would love to have you fill!

There is still time to join a team and/or donate!

Reach out to the Recreation Team, visit www.thegrandparade.org/location/nanaimo, or scan the QR code below to find out how!



Bring your friends, bring your families, and let's make The Grand Parade 2026 one to remember!

Special Events in September

September 2nd – **Grand Parade Fundraiser: BBQ Hotdog Lunch**

September 3rd – Outing: Movie Theatre

September 3rd – Suites' Coffee with the Chefs

September 3rd – **Grand Parade Fundraiser: 50/50 Draw**

September 4th – Tim on the Piano

September 7th – Labour Day (*No Recreation*)

September 8th – Outdoor Movie

September 9th – Outing: Woodgrove Mall

September 10th – Villa Resident Meeting

September 11th – September Birthday Celebration with Lou & Donna

September 14th – Music with Keith

September 16th – Outing: Country Club Mall

September 17th – Community Bingo

September 17th – **Grand Parade Fundraiser: 50/50 Draw**

September 18th – Horticulture with Bianca

September 19th – **THE GRAND PARADE!!!**

September 21st – House Resident Meeting

September 21st – House's Wine & Cheese Social

September 22nd – Walk & Roll for Terry Fox

September 22nd – Suites Resident Meeting

September 23rd – Conversations with Nurse Carla

September 23rd – New Resident Tea

September 24th – Tacky Tourist Bingo

September 25th – Gospel Hour with Anthony

September 28th – Music with "Heads Up"

September 29th – Indigenous History, Culture Awareness, and Bannock Tasting

September 30th – National Day for Truth & Reconciliation (*No Recreation*)