

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:05 Motiview Biking 1F 1 10:15 Stretch & Strength 1F 10:30 Garden Walks 11:00 Bird Care 2F & 3F 1:30 Sunflower Painting in the Garden 1F 2:00 History of Apples 4F 2:30 Snack & Social Time 1F 5:45 Evening Spa Time 3F	8:50 MT Breakfast Club 2F 2 9:05 Motiview All Morning 1F 10:00 Communion Visits 10:30 Music Therapy Grp 3F 1:00 Life Journey Singers 2F 1:30 Bingo 1F 2:45 Snack & Social Time 1F 5:45 1to1 Visits 3F	10:15 Fun with Fitness 1F 3 11:00 Bird Care 2F & 3F 2:00 Afternoon Singalong with Keith 1F 2:45 Snack & Social Time 1F 5:45 You Be the Judge 1F	9:05 Motiview Biking 1F 4 10:15 Gentle Scenic Drive 10:30 Floral Arrangements 2F 11:00 Bird Care 2F & 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F	9:05 Motiview Biking 1F 5 9:05 1 to 1 Motiview 1F 10:15 Drum Fitness 1F 10:15 Social Walks 11:00 Budgie Refresh 2F & 3F 2:00 Music Trivia 1F 2:00 1to1 Visits 3/4F 3:00 Snack & Social Time 1F
10:30 Crib 3F 6 10:45 Tuck Cart All Floors 11:30 Budgies & Greens 2F & 3F 2:00 Hymn Sing with First Baptist 1F 2:45 Snack & Social Patio Time 1F 5:45 Good News Network 2F	10:00 Craft n' Creations 1F 7 11:00 Bird Care 2F & 3F 1:30 Labor of Love 1F 2:30 Snack & Social Time 1F 3:00 Motiview Biking 1F 5:45 Vintage Movie Trivia 3F Labor Day	9:05 Motiview Biking 1F 8 10:15 Stretch & Strength 1F 10:30 Autumn Pea Planting 1F 1:30 Family Feud 1F 2:15 Story Telling with Margaret 4F 2:30 Snack & Social on the Patio 1F 5:45 Evening Spa Time 2F	8:50 MT Breakfast Club 3F 9 9:05 Motiview All Morning 1F 10:00 Communion Visits 10:30 Music Therapy Grp 4F 1:00 Life Journey Singers 3F 1:30 Music Therapy 2F 1:30 Bingo 1F 3:00 Snack & Social Time 1F 5:45 1to1 Visits 2F	10:15 Fun with Fitness 1F 10 11:00 Bird Care 2F & 3F 2:00 September Birthday Celebration with PBJ 1F  2:45 Snack & Social Time 1F 5:45 Categories 1F	9:05 Motiview Biking 1F 11 10:30 Herb Scones 2F 10:30 Music with Cate 1F 11:00 Bird Care 2F & 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F Rosh Hashanah Begins	9:05 Motiview Biking 1F 12 9:05 1 to 1 Motiview 1F 10:15 Fitness Group 1F 10:15 Social Walks 11:00 Budgie Refresh 2F & 3F 2:00 Artists Corner 1F 2:00 1to1 Visits 3/4F 3:00 Snack & Social Time 1F
10:30 Crib 3F 13 11:30 Budgies & Greens 2F & 3F 2:00 Worship Service with Wakesiah Gospel 1F 2:45 Snack & Social Time 1F 5:45 Grandparent Giggles 3F Grandparents Day	10:00 Craft n' Creations 1F 14 11:00 Bird Care 2F & 3F 1:30 Balloon Badminton 3F 1:45 Music with Cliff 1F 2:30 Snack & Social Time 1F 3:00 Motiview Biking 1F 5:45 Vintage Movie Trivia 2F	9:05 Motiview Biking 1F 15 10:15 Stretch & Strength 1F 10:30 Garden Walks 11:00 Bird Care 2F & 3F 1:30 Nanaimo Men's Shed Woodworking 1F 2:00 Herb Bouquets 4F 2:30 Snack & Social Time	8:50 MT Breakfast Club 4F 16 9:05 Motiview All Morning 1F 10:00 Communion Visits 10:30 Music Therapy Grp 2F 1:00 Life Journey Singers 4F 1:30 Music Therapy 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F 5:45 1to1 Visits 3F	10:15 Fun with Fitness 1F 17 11:00 Bird Care 2F & 3F 2:00 Afternoon Music with Keith 1F 2:45 Snack & Social Time 1F 5:45 You Be the Judge 1F	9:05 Motiview Biking 1F 18 10:15 Bowling 1F 10:30 Apple Tasting 1F 10:45 Resident Council Meeting 11:00 Bird Care 2F & 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F	 The Grand Parade Day! Meet at the Fountain at 10:15 10:30 Parade Walk 2:00 Singalong with Heather 1F 2:00 1to1 Visits 3/4F 3:00 Snack Social 1F Oktoberfest Begins
10:30 Crib 3F 20 10:45 Tuck Cart All Floors 11:30 Budgies & Greens 2F & 3F 2:00 Worship Service with St. Paul's Lutheran Church 1F 2:45 Snack & Social Patio 1F 5:45 Apple Grapple 2F Yom Kippur Begins	10:00 Craft n' Creations 1F 21 11:00 Bird Care 2F & 3F 1:30 Apple Tasting 1F 2:30 Snack & Social Time 1F 3:00 Motiview Biking 1F 5:45 Tie Dye Art Projects 3F	9:05 Motiview Biking 1F 22 10:15 Stretch & Strength 1F 10:30 Garden Walks 11:00 Bird Care 2F & 3F 1:30 Woodworking with Peter 1F 1:30 Fall Bus Drive 2:30 Snack & Social Time 1F 5:45 Autumn Reminiscing 3F Autumn Begins	8:50 MT Breakfast Club 2F 23 9:05 Motiview All Morning 1F 10:30 Music Therapy Grp 3F 1:00 Life Journey Singers 2F 1:30 Bingo 1F 2:45 Snack & Social Time 1F 5:45 1to1 Visits 2F	10:15 Fun with Fitness 1F 24 11:00 Bird Care 2F & 3F 1:00 Food Committee 1st Fl Board Room 2:00 Music with Marty Steele on Piano 1F 2:45 Snack & Social Time 1F 5:45 Categories 1F	9:05 Motiview Biking 1F 25 10:15 Balloon Badminton F 10:30 Catholic Mass 1F 11:00 Bird Care 2F & 3F 1:30 Bingo 1F 2:45 Snack & Social Time 1F Sukkot Begins	9:05 Motiview Biking 1F 26 9:05 1 to 1 Motiview 1F 10:15 Fitness Group 1F 10:15 Social Walks 11:00 Budgie Refresh 2F & 3F 2:00 Artists Corner 1F 2:00 1to1 Visits 3/4F 3:00 Snack & Social Time 1F
10:30 Crib 3F 27 10:45 Tuck Cart All Floors 11:30 Budgies & Greens 2F & 3F 2:00 Worship Service with Generations Church 1F 2:45 Snack & Social Time 1F 5:45 Sensory Visits 3F	10:00 Craft n' Creations 1F 28 11:00 Bird Care 2F & 3F 1:30 Balloon Badminton 4F 1:45 Music with Cliff 1F 2:30 Snack & Social Time 1F 3:00 Motiview Biking 1F 5:45 Vintage TV Trivia 2F	9:05 Motiview Biking 1F 29 10:15 Stretch & Strength 1F 11:00 Bird Care 2F & 3F 1:30 Baking-Apple Turnovers 1F 2:15 Story Telling with Margaret 4F 2:30 Snack & Social Time 1F 5:45 Evening Spa Time 4F	 30 10:00 Bannock & Jam 1F 2:00 Indigenous Stories of Cooperation 1F 2:00 1to1 Visits 2:45 Snack & Sensory 5:45 1to1 Visits			