

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Legend</b>  <b>A-Auditorium</b>  <b>V-Villa</b>  <b>S-Suites</b>  <b>HL-House Lounge</b>  <b>FD-Fireside Dining Room</b></p>	10:00 Sit~Pedal~Travel <b>A</b> <b>1</b> 10:00 Range of Motion <b>V</b> 10:30 Mind Joggers <b>V</b> 1:00 Bingo <b>S</b> 1:00 Kiwanis Culinary Club: Overnight Protein Oats (sign-up) <b>A</b>	9:30 Manicures <b>S</b> <b>2</b> 10:00 Puppy Play with Honey & Olive <b>A</b> 1:00 Bingo <b>A</b> 2:00 <b>Book Club</b> (New Book) <b>HL</b> 3:00 Hymn Sing <b>FD</b>	10:00 Chair Dance Yoga <b>A</b> <b>3</b> 10:00 Range of Motion <b>S</b> 10:30 Cranium Crunches <b>A</b> 10:30 Word Games <b>S</b> 11:30 <b>Woodgrove Mall</b> <b>Outing</b> (sign-up)	10:00 Seated Tai Chi <b>A</b> <b>4</b> 10:30 St.Pauls Communion <b>HL</b> 1:00 Bingo <b>A</b> 2:15 Coffee with the Chefs <b>S</b> 2:30 Tile Rummy <b>HL</b> 5:30 <b>Fiddlers' Year-End</b> <b>Show</b> <b>A</b>	10:00 Sit~Pedal~Learn <b>A</b> <b>5</b> 10:00 Exercises <b>S</b> 10:30 Brain Games <b>S</b> 1:00 <b>Brechin Elementary</b> <b>Pen Pal Meet-Up</b> <b>A</b> 1:00 <b>Tim on the Piano</b> <b>FD</b> 2:30 Armchair Travel to Svalbard <b>V</b>	2:15 Hymn Sing <b>S</b>
7 2:00 First Baptist Hymn Sing - Lodge 1 <sup>st</sup> floor	8 <b>Grand Parade Fundraiser</b> <b>BBQ Hotdog Lunch</b> <b>\$5.00</b> <b>Hotdog, Chips &amp; Pop</b> <b>by the Fountain</b> <b>11:00 - 1:30 pm</b>	9 9:30 Manicures <b>V/A</b> 1:00 Bingo <b>A</b> 2:30 Therapeutic Sound <b>HL</b> 2:30 Coffee with Heidi <b>V</b>	10 10:00 Chair Dance Yoga <b>A</b> 10:00 Range of Motion <b>S</b> 10:30 Cranium Crunches <b>A</b> 10:30 Word Games <b>S</b> 1:00 <b>The Gentlemen's Club:</b> Sand & Stain a Walking Stick <b>A</b>	11 10:00 Seated Tai Chi <b>A</b> 10:00 Range of Motion <b>V</b> 10:30 Brain Games <b>V</b> 1:00 Bingo <b>A</b> 2:30 Tile Rummy <b>S</b>	12 10:00 Sit~Pedal~Learn <b>A</b> 10:00 Exercises <b>S</b> 10:30 Brain Games <b>S</b> 1:30 <b>Vintage Car Show</b> <b>&amp;</b> <b>Live Accordion Music</b> outside by the fountain	13 1:00 Bible Study <b>S</b>
14 2:00 Hymn Sing <b>FD</b> 2:00 Worship with Wakesiah Gospel - Lodge 1 <sup>st</sup> floor  Flag Day (U.S.)	15 10:00 Horse Races <b>A</b> 1:00 <b>Western Movie</b> <b>Matinee: "Hidalgo"</b> Serving Sweet Tea & Trail Mix in the Auditorium	16 10:00 Puppy Play with Honey & Olive <b>A</b> 9:30 Manicures <b>S</b> 1:00 Bingo <b>A</b> 2:30 Therapeutic Sound <b>HL</b> 2:30 Tile Rummy <b>V</b>	17 10:00 Chair Dance Yoga <b>A</b> 10:00 Range of Motion <b>S</b> 10:30 Cranium Crunches <b>A</b> 10:30 Word Games <b>S</b> 1:00 Paint a Wood Planter <b>A</b>	18 10:00 Seated Tai Chi <b>A</b> 10:00 Range of Motion <b>V</b> 10:30 Brain Games <b>V</b> 1:00 <b>Community Bingo</b> <b>A</b> 6:00 <b>Studio to Stage</b> <b>Performing Arts</b> <b>Showcase</b> <b>A</b>	19 10:00 Remote Control Car Races <b>A</b> 1:00 <b>Father's Day Social</b> <b>with Music by PB&amp;J</b> <b>A</b>	20 2:15 Hymn Sing <b>S</b>
21 <b>HAPPY</b> <b>FATHER'S</b> <b>DAY</b> 2:00 Worship with St. Paul's Lutheran - Lodge 1 <sup>st</sup> floor  Father's Day Summer Begins	22 10:00 Sit~Pedal~Travel <b>A</b> 10:00 Range of Motion <b>V</b> 10:30 Mind Joggers <b>V</b> 1:00 <b>Birthday Celebration</b> <b>with Anthony Seufert</b> <b>A</b>	23 9:30 Manicures <b>V/A</b> 1:00 Bingo <b>A</b> 2:30 Lemonade in the Therapeutic Garden 2:30 Coffee with Heidi <b>V</b>	24 9:30 <b>Coffee &amp; Muffins at</b> <b>Departure Bay</b> (sign-up) 1:00 Curling <b>A</b> 2:30 Yahtzee <b>HL</b> 2:30 Acrylic Painting <b>S</b>	25 10:00 Seated Tai Chi <b>A</b> 10:00 Range of Motion <b>V</b> 10:30 Brain Games <b>V</b> 1:00 Bingo <b>A</b> 2:30 Tile Rummy <b>S</b>	26 10:00 Sit~Pedal~Learn <b>A</b> 10:00 Exercises <b>S</b> 10:00 Catholic Communion - Lodge 10:30 Brain Games <b>S</b> 1:00 <b>Herb Butter &amp; Garden</b> <b>Social with Bianca</b> in the Garden 1:00 Create a Custom Name Sticker for your Walker/Cane/Wheelchair <b>A</b> 2:30 Armchair Food Travel to Portugal <b>V</b>	27 1:00 Bible Study <b>S</b>
28 2:00 Worship Service with Generations Church - Lodge 1 <sup>st</sup> floor	29 10:00 Sit~Pedal~Travel <b>A</b> 10:00 Range of Motion <b>V</b> 10:30 Mind Joggers <b>V</b> 12:30 <b>Country Club Mall</b> <b>Outing</b> (sign-up)	30 <b>1:00 Canada Day</b> <b>Celebration with</b> <b>Lou &amp; Donna</b> outside by the fountain 	 <h1>June 2026</h1> <h2>Kiwanis Village Nanaimo</h2>			

Please call your Recreation team with any questions: (250) 740-2879



- Ed J. – June 5<sup>th</sup> (S)**
- Emily F. – June 8<sup>th</sup> (S)**
- Kevin K. – June 9<sup>th</sup> (S)**
- Sandra P. – June 11<sup>th</sup> (V)**
- Carmaine M. – June 15<sup>th</sup> (H)**
- Delores B. – June 16<sup>th</sup> (V)**
- Liz K. – June 16<sup>th</sup> (V)**
- Patricia M. – June 16<sup>th</sup> (H)**
- Carol N. – June 20<sup>th</sup> (H)**
- Ben G. – June 22<sup>nd</sup> (H)**
- Linda C. – June 23<sup>rd</sup> (H)**
- Julie H. – June 23<sup>rd</sup> (H)**
- Jerry M. – June 25<sup>th</sup> (S)**
- Marty H. – June 27<sup>th</sup> (V)**
- Tillie B. – June 30<sup>th</sup> (S)**
- Sue B. – June 30<sup>th</sup> (V)**

## Program Spotlight

### Theme Days

Once a month we plan a day of Recreation programming and even dinner around a specific theme – last month was Cinco de Mayo, this month is Western; upcoming themes include Hawaiian, Mediterranean, German, and more! Please reach out to the Recreation Team if there is a theme you would like to see!

## Program Spotlight

### The Gentlemen’s Club

Once a month, the men of Kiwanis will gather for a program designed around their interests and hobbies. We are kicking things off in June with a hands-on woodworking activity where participants will sand and stain their own wooden walking stick. Kendall looks forward to creating a fun and welcoming space for connection, creativity and conversation!

### Therapeutic Sound

Take a moment to slow down, breathe fully, and allow your body and mind to truly relax. Using traditional sound bowls and gentle verbal guidance, this 30 minute program leaves you feeling calm and rejuvenated. Everyone is welcome to attend. We ask to please arrive on time and refrain from entering the room while the program is in session.

### The Grand Parade

It is that time of year again! The Grand Parade Fundraising is about to get into full swing! Keep your eyes peeled for raffles, hot dog lunches, and more – all in the spirit of raising money for the wonderful people who call Kiwanis Village “home”! This year residents and staff are teaming up to raise funds for a variety of items and services throughout the Village. If you know anyone who may be interested in sponsoring or donating to the event, please reach out to the Recreation team or point them directly to the website - [Nanaimo \(Kiwanis Village Nanaimo\) - The Grand Parade 2026](https://www.kiwanisvillage.com/the-grand-parade-2026).

On Saturday, September 19<sup>th</sup> we will take part in the official Grand Parade walk/wheel to celebrate all of our hard work put in through the summer to beat our 2025 total of \$12,701.00!

**Now let’s go out and make it happen!**



## Special Events in June

- June 1<sup>st</sup> – Culinary Club: Overnight Oats
- June 2<sup>nd</sup> – Puppy Play
- June 2<sup>nd</sup> – Book Club (new book this month)
- June 3<sup>rd</sup> – Outing to Woodgrove Mall
- June 4<sup>th</sup> – Coffee with the Chefs (Suites)
- June 4<sup>th</sup> – Fiddlers’ Year-End Show
- June 5<sup>th</sup> – Brechin Elementary Pen Pal Meet-Up
- June 5<sup>th</sup> – Tim on the Piano
- June 8<sup>th</sup> – Grand Parade Fundraiser: BBQ Hotdog Lunch
- June 10<sup>th</sup> – The Gentlemen’s Club
- June 12<sup>th</sup> – Vintage Car Show with Live Accordion Music
- June 15<sup>th</sup> – Western Day
- June 16<sup>th</sup> – Puppy Play
- June 18<sup>th</sup> – Community Bingo
- June 18<sup>th</sup> – Studio to Stage Performing Arts Showcase
- June 19<sup>th</sup> – Father’s Day Social with PB&J
- June 22<sup>nd</sup> – Birthday Celebration with Music by Anthony Seufert
- June 24<sup>th</sup> – Coffee & Muffins at Departure Bay
- June 26<sup>th</sup> – Herb Butter & Garden Social With Bianca
- June 29<sup>th</sup> – Outing to Country Club Mall
- June 30<sup>th</sup> – Canada Day Celebration