

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# April 2026

<p>5</p> <p>2:00 First Baptist Hymn Sing - Lodge, 1<sup>st</sup> floor</p> <p>Easter Sunday</p>	<p>6</p> <p><i>Easter Monday</i></p>	<p>7</p> <p>10:00 Manicures <b>S</b></p> <p>10:00 <b>Book Club; New Book</b> HL</p> <p>10:30 Hold the Chicks <b>HL</b></p> <p>1:00 Bingo <b>A</b></p> <p>2:15 Beginner Watercolour Series 1 of 3 <b>A</b></p> <p>3:00 Hymn Sing <b>FD</b></p>	<p>8</p> <p><i>Chick Hatch Day</i></p> <p>10:00 Easter Tea-cup Craft (sign-up) <b>A</b></p> <p>11:30 <b>Woodgrove Mall Bus Outing</b> (sign-up)</p> <p>1:00 Reminiscing the 60s <b>A</b></p> <p>3:00 Short Stories <b>V</b></p> <p>6-8pm Irish Music Group <b>A</b></p> <p>All Fools' Day Passover Begins</p>	<p>9</p> <p>9:00 <b>Tax Help</b> (sign-up) <b>2</b></p> <p>10:00 Hold the Chicks <b>HL</b></p> <p>10:00 Range of Motion <b>V</b></p> <p>10:30 St. Paul's Communion <b>HL</b></p> <p>10:30 Brain Games <b>V</b></p> <p>1:00 <b>Easter Tea with Marty</b> <b>A</b></p> <p>2:00 Art Group (sign-up) <b>V</b></p> <p>2:15 Coffee with the Chef <b>HL</b></p> <p>4:30-8pm Folk &amp; Fiddelium <b>A</b></p>	<p>3</p> <p><i>Good Friday</i></p>	<p>4</p> <p>2:00 Hymn Sing <b>S</b></p> <p>11</p> <p>1:00 Bible Study <b>S</b></p>
<p>12</p> <p>2:00 Hymn Sing <b>FD</b></p> <p>2:00 Worship with Wakesiah Gospel - Lodge 1<sup>st</sup> floor</p>	<p>13</p> <p>9:30 <b>Drop-In Art</b> with Art Therapy Student Alessandra <b>HL</b></p> <p>10:00 Sit~Pedal~Travel <b>A</b></p> <p>10:00 Range of Motion <b>V</b></p> <p>10:30 Mind Joggers <b>V</b></p> <p>1:00 <b>Birthday Party with Larry Alexander</b> <b>A</b></p>	<p>14</p> <p>9:30 Manicures <b>V/A</b></p> <p>10:00 Mending with Anne <b>HL</b></p> <p>1:00 Bingo <b>A</b></p> <p>2:30 Hold the Chicks <b>HL</b></p> <p>2:30 Sequence <b>V</b></p>	<p>15</p> <p><i>Chicks leave for the Farm</i></p> <p>10:00 Chair Dance Yoga <b>A</b></p> <p>10:00 Range of Motion <b>S</b></p> <p>10:30 Cranium Crunches <b>A</b></p> <p>10:30 Word Games <b>S</b></p> <p>1:00 <b>Gospel Music with Anthony</b> <b>S</b></p> <p>1:00 Paper Carrot Craft <b>A</b></p> <p>3:00 Crazy 8's Card Game <b>V</b></p> <p>6-8pm Irish Music Group <b>A</b></p>	<p>16</p> <p>9:30 Therapy Dog Visits</p> <p>10:00 Seated Tai Chi <b>A</b></p> <p>10:00 Range of Motion <b>V</b></p> <p>10:30 Brain Games <b>V</b></p> <p>1:00 <b>Community Bingo</b> <b>A</b></p> <p>2:00 Art Group (sign-up) <b>V</b></p> <p>4:30-8pm Nanaimo Folk Band &amp; Fiddelium <b>A</b></p>	<p>17</p> <p>10:00 Sit~Pedal~Learn <b>A</b></p> <p>10:00 Exercises <b>S</b></p> <p>10:30 Brain Games <b>S</b></p> <p>1:00 Horticulture with Bianca <b>A</b></p> <p>1:00 <b>Ice Cream at DQ Outing</b> (sign-up)</p>	<p>18</p> <p>2:00 Hymn Sing <b>S</b></p>
<p>19</p> <p><i>National Volunteer Week</i> Thank you to all our volunteers for all they do!</p> <p>2:00 Worship with St. Paul's Lutheran - Lodge 1<sup>st</sup> floor</p>	<p>20</p> <p>10:00 Sit~Pedal~Travel <b>A</b></p> <p>10:00 Range of Motion <b>V</b></p> <p>10:30 Mind Joggers <b>V</b></p> <p>1:00 Kiwanis Culinary Club; Bird Nest Cookies (sign-up) <b>A</b></p> <p>3:00 Tile Rummy <b>HL</b></p>	<p>21</p> <p>10:00 Manicures <b>S</b></p> <p>10:00 Ball Drum Fitness <b>A</b></p> <p>1:00 Bingo <b>A</b></p> <p>2:15 Beginner Watercolour Series 2 of 3 <b>A</b></p> <p>2:30 Coffee with Heidi <b>V</b></p>	<p>22</p> <p>10:00 Chair Dance Yoga <b>A</b></p> <p>10:00 Range of Motion <b>S</b></p> <p>10:30 Cranium Crunches <b>A</b></p> <p>10:30 Word Games <b>S</b></p> <p>1:00 Curling <b>A</b></p> <p>2:30 Earth Day Discussion <b>HL</b></p> <p>3:00 Sing-a-long <b>V</b></p> <p>6-8pm Irish Music Group <b>A</b></p> <p>Earth Day Administrative Professionals Day</p>	<p>23</p> <p>9:30 Therapy Dog Visits</p> <p>10:00 Seated Tai Chi <b>A</b></p> <p>10:00 Range of Motion <b>V</b></p> <p>10:30 Brain Games <b>V</b></p> <p>11:00 <b>Afternoon at the Movie Theatre with Volunteer Nanaimo</b> (sign-up)</p> <p>4:30-8pm Nanaimo Folk Band &amp; Fiddelium <b>A</b></p>	<p>24</p> <p>10:00 <b>Scrabble with Montessori Students</b> <b>A</b></p> <p>10:00 Exercises <b>S</b></p> <p>10:30 Brain Games <b>S</b></p> <p>10:30 Mass w/ Holy Trinity - Lodge 1<sup>st</sup> floor</p> <p>1:00 Bowling <b>A</b></p> <p>2:30 Food Travel to Lebanon <b>V</b></p> <p>Arbor Day</p>	<p>25</p> <p>1:00 Bible Study <b>S</b></p>
<p>26</p> <p>2:00 Worship Service with Generations Church - Lodge, 1<sup>st</sup> floor</p>	<p>27</p> <p>10:00 Sit~Pedal~Travel <b>A</b></p> <p>10:00 Range of Motion <b>V</b></p> <p>10:30 Mind Joggers <b>V</b></p> <p>1:00 <b>Country Club Mall Outing</b> (sign-up)</p> <p>3:00 Sing-a-long <b>HL</b></p>	<p>28</p> <p>9:30 Manicures <b>V/A</b></p> <p>10:00 Mending with Anne <b>HL</b></p> <p>1:00 Bingo <b>A</b></p> <p>2:15 Beginner Watercolour Series 3 of 3 <b>A</b></p> <p>2:30 Tile Rummy <b>V</b></p>	<p>29</p> <p>10:00 Chair Dance Yoga <b>A</b></p> <p>10:00 Range of Motion <b>S</b></p> <p>10:30 Cranium Crunches <b>A</b></p> <p>10:30 Word Games <b>S</b></p> <p>1:00 <b>Travelogue to China with Heiko</b> <b>A</b></p> <p>2:30 Therapeutic Sound <b>S</b></p> <p>3:00 Who, What, Where? <b>V</b></p> <p>6-8pm Irish Music Group <b>A</b></p>	<p>30</p> <p>9:30 Therapy Dog Visits</p> <p>10:00 Seated Tai Chi <b>A</b></p> <p>10:00 Range of Motion <b>V</b></p> <p>10:30 Brain Games <b>V</b></p> <p>1:00 Bingo <b>A</b></p> <p>2:30 Tile Rummy <b>S</b></p> <p>2:30 Skip-Bo <b>HL</b></p> <p>4:30-8pm Nanaimo Folk Band &amp; Fiddelium <b>A</b></p>	<p><i>Kiwanis Village Nanaimo</i></p> <p>Please call your Recreation team with any questions: (250) 740-2879</p> <p><b>Legend</b>  <b>A-Auditorium</b>  <b>V-Villa</b>  <b>S-Suites</b>  <b>HL-House Lounge</b>  <b>FD-Fireside Dining Room</b></p>	



Clarence S. – April 1<sup>st</sup>  
Sharon H. – April 5<sup>th</sup>  
Gloria A. – April 10<sup>th</sup>  
Geraldine N. – April 12<sup>th</sup>  
Dolores M. – April 17<sup>th</sup>  
Robin O. – April 17<sup>th</sup>  
Bob W. – April 19<sup>th</sup>  
RJ J. – April 20<sup>th</sup>  
Dory F. – April 21<sup>st</sup>

## Farewell to our Students

We have been very fortunate to have a small army worth of students completing practicums at Kiwanis Village the last few months! They have added life, excitement, new ideas, and connection throughout the buildings. The nurses held weekly blood pressure clinics, Alessandra facilitated weekly art groups, and Sonja joined in with a variety of programs, even leading a few herself! With summer just around the corner, their practicums are sadly coming to an end. The nursing students' last day is April 2<sup>nd</sup>, Sonja the Activity Assistant Student's last day is April 8<sup>th</sup>, Alessandra the Art Therapy Student's last day is April 16<sup>th</sup>. If you see them around Kiwanis, make sure to take a moment to thank them and wish them luck in their new endeavors!

## Program Spotlight

### Beginner Watercolour Series

Join Kendall for a three-part watercolour course in April where she will guide you in the basics of watercolour and share some popular tricks and techniques. All residents are welcome to attend this program, no matter your expertise level!

### Women's Health Chat with Nurse Carla

This one is for the ladies – Nurse Carla, a Case Manager from Island Health, will be coming to Kiwanis Village on April 8<sup>th</sup> to host a casual round-table chat and to answer the questions that may be lingering in your mind but you don't know where to ask. This open, judgement-free chat is taking place in partnership with Angelina, the Island Health Community Recreation Therapist and her clients. We are hoping to host a similar chat for the men later this year.

### Travelogue to China with Heiko

Join Heiko, Kiwanis Board Chair, for an afternoon of travel while he tours you around China without even leaving the Auditorium! Rumour has it there may even be a chinese snack served.

### Outings

A variety of outings are planned each month, consisting of shopping, restaurants, scenic drives, and more! Sign-up sheets are put out in each building prior to the outing. If there is an outing that interests you, please sign up on the sheet in your building.

## Special Events in April

- April 1<sup>st</sup> – Chicks Hatching
- April 1<sup>st</sup> – Woodgrove Mall Outing
- April 1<sup>st</sup> – Reminiscing the 60s with Activity Student Sonja
- April 2<sup>nd</sup> – Easter Tea with Marty
- April 2<sup>nd</sup> – Coffee with the Chef
- April 3<sup>rd</sup> – Good Friday – No Recreation
- April 6<sup>th</sup> – Easter Monday – No Recreation
- April 7<sup>th</sup> – Beginner Watercolour Starts
- April 8<sup>th</sup> – Women's Health Chat with Nurse Carla
- April 9<sup>th</sup> – Dinner at MGM
- April 10<sup>th</sup> – Westcoast Walking Club  
Wind-Up with Music by PB&J
- April 13<sup>th</sup> – Birthday Party with Larry Alexander
- April 15<sup>th</sup> – Chicks Leave for the Farm
- April 15<sup>th</sup> – Gospel Music with Anthony
- April 16<sup>th</sup> – Community Bingo
- April 17<sup>th</sup> – Horticulture with Bianca
- April 17<sup>th</sup> – Ice Cream at DQ
- April 23<sup>rd</sup> – Movie Theatre Outing
- April 24<sup>th</sup> – Scrabble with Discovery Montessori
- April 27<sup>th</sup> – Country Club Outing
- April 29<sup>th</sup> – Travelogue to China with Heiko