

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

Legend

A-Auditorium
V-Villa
S-Suites
HL-House Lounge
FD-Fireside Dining Room

<div>1</div> <div>2:00 First Baptist Hymn Sing - Lodge, 1st floor</div> <div>Tu B'Shevat Begins</div>	<div>2</div> <div>Groundhog Day 9:30 Drop-In Art Group with Art Therapy Student Alessandra HL 10:00 Sit~Pedal~Travel A 10:00 Range of Motion V 10:30 Mind Joggers V 1:00 Groundhog Day TriviaHL</div> <div>Groundhog Day</div>	<div>3</div> <div>9:30 Manicures V 10:15 Balance Boost Fitness A 10:45 Meditative Colouring HL 1:00 Bingo A 2:30 Craft - Olympic Torch A 3:00 Hymn Sing FD</div>	<div>4</div> <div>10:00 Chair Dance Yoga A 10:00 Range of Motion S 10:30 Cranium Crunches A 10:30 Word Games S 11:30 Woodgrove Mall Outing (sign up) 1:00 Nazarene Church VisitFD</div>	<div>5</div> <div>10:00 Seated Tai Chi A 10:00 Range of Motion V 10:30 Brain Games V 10:30 St. Paul's Communion HL 1:00 Bingo A 2:00 Art Group with Art Therapy Student Alessandra HL(sign-up) 2:15 Coffee with the Chef V 2:30 Book Club; New Book HL</div>	<div>6</div> <div>2026 Olympic Opening Ceremony (starts @ 7am PST) 10:00 Sit~Pedal~Learn A 10:00 Exercises S 10:30 Brain Games S 1:00 Piano Music with TimS 2:30 Armchair Travel to India V</div>	<div>7</div> <div>2:00 Hymn Sing S</div>
<div>8</div> <div>2:00 Worship with Wakesiah Gospel - Lodge 1st floor</div>	<div>9</div> <div>9:30 Drop-In Art Group with Alessandra HL 10:00 Visit with the Nanaimo Clippers A 1:00 Miniature Ice Luge A</div>	<div>10</div> <div>10:00 Manicures S 10:00 Mending with Anne HL 1:00 Bingo A 4:30 Special Italian Themed Dinner (lottery sign-up)A</div>	<div>11</div> <div>10:00 Chair Dance Yoga A 10:00 Range of Motion S 10:30 Cranium Crunches A 10:30 Word Games S 1:00 Scenic Drive (sign up)</div>	<div>12</div> <div>10:00 Seated Tai Chi A 10:00 Range of Motion V 10:30 Brain Games V 1:00 Bingo A 2:00 Art Group with Art Therapy Student Alessandra V (sign-up) 2:30 Tile Rummy S</div>	<div>13</div> <div>10:00 Sit~Pedal~Learn A 10:00 Exercises S 10:30 Brain Games S 1:00 Valentine's Day Party with Marty Steele A</div>	<div>14</div> <div>Happy Valentine's Day Valentine's Day</div>
<div>15</div> <div>2:00 Worship with St. Paul's Lutheran - Lodge 1st floor 2:00 Hymn Sing FD</div>	<div>16</div> <div>happy Family day Presidents' Day (U.S.)</div>	<div>17</div> <div>Chinese New Year 9:30 Manicures V 10:15 Balance Boost Fitness A 10:45 Lantern Colouring HL 1:00 Bingo A 2:30 Coffee with Heidi V 2:30 Skip-Bo HL Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</div>	<div>18</div> <div>10:30 Cupcake Sale Fundraiser - House & Suites Lounge 1:00 Kiwanis Curl-O-lympics in the Auditorium</div>	<div>19</div> <div>10:00 Seated Tai Chi A 10:00 Range of Motion V 10:30 Brain Games V 1:00 Community Bingo A 2:00 Art Group with Art Therapy Student Alessandra HL (sign-up)</div>	<div>20</div> <div>10:00 Sit~Pedal~Learn A 10:00 Exercises S 10:30 Brain Games S 1:00 Kiwanis Curl-O-lympics & Medal Ceremony A 2:30 Armchair Food Travel to Finland V</div>	<div>21</div> <div>2:00 Hymn Sing S</div>
<div>22</div> <div>2026 Olympic Closing Ceremony (start TBD) 2:00 Worship Service with Generations Church - Lodge 1st floor</div>	<div>23</div> <div>9:30 Drop-In Art Group with Alessandra HL 10:00 Sit~Pedal~Travel A 10:00 Range of Motion V 10:30 Mind Joggers V 1:00 Country Club Mall Outing (sign up)</div>	<div>24</div> <div>9:30 Manicures S 10:00 Mending with Anne HL 10:15 Balance Boost Fitness A 1:00 Bingo A 2:30 Tile Rummy V 2:30 Afternoon Manicures A</div>	<div>25</div> <div>10:00 Chair Dance Yoga A 10:00 Range of Motion S 10:30 Cranium Crunches A 12:45 Group Photo for Pink Shirt Day A 1:00 Birthday Party Music by Lou & Donna A</div>	<div>26</div> <div>10:00 Seated Exercises A 10:00 Range of Motion V 10:30 Brain Games V 1:00 Bingo A 2:00 Art Group with Art Therapy Student Alessandra V (sign-up)</div>	<div>27</div> <div>10:00 Visit from Discovery Montessori A 10:00 Horticulture with BiancaS 10:30 Brain Games S 10:30 Mass with Holy Trinity Lodge 1st floor 1:00 Horticulture with BiancaA 1:00 Thrill of the RiverCongoS</div>	<div>28</div> <div>1:00 Bible Study S</div>

Please call Recreation with any questions (250) 740-2879

