

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026



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|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>10:30 Crib 3F</div> <div>11:30 Budgies, &amp; Greens 1,2,&amp;3F</div> <div>2:00 Hymn Sing with First Baptist 1F</div> <div>2:30 Poker 4F</div> <div>2:45 Snack Social Time 1F</div> <div>5:45 Fireside Stories 3F</div> <div>Tu B'Shevat Begins</div>                                                                                           | <div>1</div> <div>10:00 Craft n' Creations 1F</div> <div>11:00 Bird Care 1,2&amp;3F</div> <div>1:30 Bocce Ball 1F</div> <div>2:30 Snack Social Time1F</div> <div>3:00 Motiview Biking 1F</div> <div>5:45 Table Top Games 3F</div> <div>Groundhog Day</div>                                                   | <div>2</div> <div>9:05 Motiview Biking 1F</div> <div>10:15 Stretch &amp; Strength 1F</div> <div>11:00 Bird Care 1,2&amp;3</div> <div>1:30 Herb Propagating 2F</div> <div>1:30 Time Slips 1F</div> <div>2:30 Snack Social Time 1F</div>                                                                                                                               | <div>3</div> <div>8:30 Music Therapy Breakfast Club 2F</div> <div>9:05 Motiview All Morning 1F</div> <div>10:00 Communion Visits</div> <div>10:30 Music Men's Group 3F</div> <div>1:00 Life Journey Singers 3F</div> <div>1:30 Bingo 1F</div> <div>1:30 Music Therapy 4F</div> <div>2:45 Snack Social Time 1F</div> <div>5:45 Aromatherapy 2F</div>                       | <div>4</div> <div>10:15 Fitness Group 1F</div> <div>11:00 Bird Care 1,2&amp;3F</div> <div>2:00 February Birthday Celebration with Keith 1F</div> <div>5:45 Canadian Stories 1F</div> <div></div> | <div>5</div> <div>9:05 Motiview Biking 1F</div> <div>10:00 Garden Helpers 1F</div> <div>11:00 Resident Council Meeting 1F</div> <div>11:00 Bird Care 1,2, &amp;3F</div> <div>1:30 Bingo 1F</div> <div>2:45 Snack Social Time 1F</div> | <div>6</div> <div>10:15 Motiview Biking 1F</div> <div>10:15 1to1 Motiview 1F</div> <div>10:15 Fitness 1F</div> <div>11:00 Budgie Refresh 1,2&amp;3F</div> <div>2:00 Artists Corner 1F</div> <div>3:00 Snack Social Time 1F</div>                                                  |
| <div>8</div> <div>10:30 Crib 3F</div> <div>11:30 Budgies, &amp; Greens 1,2,&amp;3F</div> <div>2:00 Worship Service with Wakesiah Gospel 1F</div> <div>2:00 1to1 Visits 3F</div> <div>2:45 Snack Social Time 1F</div> <div>3:30 Super Bowl Sunday</div> <div></div> | <div>9</div> <div>10:00 Craft n' Creations 1F</div> <div>11:00 Bird Care 1,2&amp;3F</div> <div>1:45 Music with Cliff 3F</div> <div>2:00 Balloon Badminton 1F</div> <div>3:00 Snack Social Time 1F</div> <div>3:00 Motiview Biking 1F</div> <div>5:45 Table Top Games 3F</div>                                | <div>10</div> <div>9:05 Motiview Biking 1F</div> <div>10:00 Rotary Flowers for Residents 1F</div> <div>11:00 Bird Care 1,2&amp;3</div> <div>11:30 Chinese New Year Lunch Outing</div> <div>2:15 Stories with Margaret 4F</div> <div>5:45 Cognitive Games 3F</div>                                                                                                    | <div>11</div> <div>8:30 Music Therapy Breakfast Club 3F</div> <div>9:05 Motiview All Morning 1F</div> <div>10:00 Communion Visits</div> <div>10:30 Music Therapy Group 4F</div> <div>1:00 Life Journey Singers 4F</div> <div>1:30 Music Therapy Grp 2F</div> <div>1:30 Bingo 1F</div> <div>2:45 Snack Social Time 1F</div> <div>5:45 Armchair Travel-New Orleans 3F</div> | <div>12</div> <div>10:15 Fitness Group 1F</div> <div>11:00 Bird Care 1,2&amp;3F</div> <div>2:00 Piano Hour with Gerald 1F</div> <div>3:00 Snack Social Time1F</div> <div>5:45 You Be the Judge 1F</div>                                                                             | <div>13</div> <div>9:05 Motiview Biking 1F</div> <div>10:00 Lavender Hearts 1F</div> <div>11:00 Bird Care 1,2, &amp;3F</div> <div>1:30 Bingo 1F</div> <div>2:45 Snack Social Time 1F</div>                                            | <div>14</div> <div>10:15 Motiview Biking 1F</div> <div>10:15 1to1 Motiview 1F</div> <div>10:15 Fitness 1F</div> <div>11:00 Budgie Refresh 1,2&amp;3F</div> <div>2:00 Valentines Party with Kate &amp; Brian 1F</div> <div>Happy Valentine's Day!</div> <div>Valentine's Day</div> |
| <div>15</div> <div>10:30 Crib 3F</div> <div>11:30 Budgies, &amp; Greens 1,2,&amp;3F</div> <div>2:00 1to1 Visits 2F</div> <div>2:00 Worship Service with St. Paul's Lutheran 1F</div> <div>2:45 Snack Social Time 1F</div> <div>5:45 Winter Sensory Visits 3F</div>                                                                                    | <div>16</div> <div>10:00 Craft n' Creations 1F</div> <div>11:00 Bird Care 1,2&amp;3F</div> <div>1:45 Music with Cliff 3F</div> <div>2:00 RC Car Racing 1F</div> <div>3:00 Snack Social Time 1F</div> <div>3:00 Motiview Biking 1F</div> <div>5:45 Table Top Games 3F</div> <div>Presidents' Day (U.S.)</div> | <div>17</div> <div>9:05 Motiview Biking 1F</div> <div>10:15 Stretch &amp; Strength 1F</div> <div>10:00 Garden One to Ones</div> <div>11:00 Bird Care 1,2&amp;3</div> <div>1:30 Bingo 1F</div> <div>2:45 Snack &amp; Social Time1F</div> <div>5:45 Singalong 2F</div> <div></div> | <div>18</div> <div>8:30 Music Therapy Breakfast Club 4F</div> <div>9:05 Motiview All Morning 1F</div> <div>9:30 Tuck Shop</div> <div>10:00 Communion Visits</div> <div>10:30 Music Men's Group 3F</div> <div>1:30 Music Therapy Grp 4F</div> <div>1:00 Life Journey Singers 2F</div> <div>5:45 Manicures 2F</div>                                                         | <div>19</div> <div>10:15 Fitness Group 1F</div> <div>11:00 Bird Care 1,2&amp;3F</div> <div>2:00 Sing with Keith 1F</div> <div>3:00 Snack Social Time 1F</div> <div>5:45 Evening Program 1F</div>                                                                                    | <div>20</div> <div>9:05 Motiview Biking 1F</div> <div>10:00 Bowling 1F</div> <div>11:00 Bird Care 1,2, &amp;3F</div> <div>1:30 Bingo 1F</div> <div>2:45 Snack Social Time 1F</div>                                                    | <div>21</div> <div>9:05 Motiview Biking 1F</div> <div>10:15 1to1 Motiview 1F</div> <div>10:15 Fitness 1F</div> <div>11:00 Budgie Refresh 1,2&amp;3F</div> <div>2:00 Artists Corner 1F</div> <div>2:00 1to1 3/4F</div> <div>3:00 Snack Social Time 1F</div>                        |
| <div>22</div> <div>10:30 Crib 3F</div> <div>11:30 Budgies, &amp; Greens 1,2,&amp;3F</div> <div>2:00 1to1 Visits 2F</div> <div>2:00 Worship Service with Generations Church 1F</div> <div>2:45 Snack Social Time 1F</div> <div>5:45 Winter Sensory Visits 3F</div>                                                                                     | <div>23</div> <div>10:00 Craft n' Creations 1F</div> <div>11:00 Bird Care 1,2&amp;3F</div> <div>1:30 Baking 1F</div> <div>3:00 Snack Social Time 1F</div> <div>3:00 Motiview Biking 1F</div> <div>5:45 Table Top Games 2F</div> <div>Happy Family Day</div>                                                  | <div>24</div> <div>9:05 Motiview Biking 1F</div> <div>10:15 Stretch &amp; Strength 1F</div> <div>10:00 Garden Helpers 3F</div> <div>11:00 Bird Care 1,2&amp;3</div> <div>1:30 Men's Group-Nanaimo Men's Shed Woodworking 1F</div> <div>2:30 Snack Social Time 1F</div> <div>5:45 Reading Group 3F</div>                                                              | <div>25</div> <div>8:30 Music Therapy Breakfast Club 2F</div> <div>9:05 Motiview All Morning 1F</div> <div>9:30 Tuck Shop</div> <div>10:30 Music Therapy Grp 4F</div> <div>1:00 Life Journey Singers 3F</div> <div>1:30 Music Therapy Grp 3F</div> <div>1:30 Bingo 1F</div> <div>2:45 Snack Social Time 1F</div> <div>5:45 Aromatherapy 2F</div>                          | <div>26</div> <div>10:30 Resident General Meeting 1F</div> <div>11:00 Bird Care 1,2&amp;3F</div> <div>2:00 Music with the Sometimer's Country Band 1F</div> <div>3:00 Snack Social Time 1F</div> <div>5:45 Evening Program 1F</div>                                                 | <div>27</div> <div>9:05 Motiview Biking 1F</div> <div>10:30 Catholic Mass 1F</div> <div>10:30 Bocce Ball 4F</div> <div>11:00 Bird Care 1,2, &amp;3F</div> <div>1:30 Bingo 1F</div> <div>2:45 Snack Social Time 1F</div>               | <div>28</div> <div>9:05 Motiview Biking 1F</div> <div>10:15 1to1 Motiview 1F</div> <div>10:15 Fitness 1F</div> <div>11:00 Budgie Refresh 1,2&amp;3F</div> <div>2:00 Categories 1F</div> <div>2:00 1to1 3/4F</div> <div>3:00 Snack Social Time 1F</div>                            |