

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Kiwanis Village Nanaimo

Legend
A-Auditorium
V-Villa
S-Suites
HL-House
Lounge
FD-Fireside
Dining Room

★ ★ Happy ★ ★
New Year

New Year's Day

1

Christmas Undecorating

2

1:00 Tim on the Piano **FD**



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4

Christmas Undecorating

5

9:30 Manicures **V**
 9:30 Coffee & Croissants
 with Kendall **FD**
 1:00 Bingo **A**
**2:00 Walking Club: Conquer
 The West Coast Trail A**
 3:00 Hymn Sing **FD**

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10:00 Range of Motion **S**
 10:00 Chair Dance Yoga **A**
 10:30 Word Games **S**
 10:30 Cranium Crunches **A**
**11:30 Woodgrove Mall
 Outing**
 1:00 Nazarene Church Visit **FD**
2:00 Villa Resident Meeting V

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10:00 Seated Tai Chi **A**
 10:00 Range of Motion **V**
 10:30 St. Paul's Communion **HL**
 10:30 Brain Games **V**
 1:00 Bingo **A**
 2:30 Tile Rummy **S**
 4:30-8 Nanaimo Folk Band
 & Fiddelim Rehearsal **A**

8

10:00 Sit~Pedal~Learn **A**
 10:00 Exercises **S**
 10:30 Brain Games **S**
 1:00 Curling **A**
 2:30 Armchair Travel to
 Turkey **V**

9

1:00 Bible Study **S**

10



11

10:00 Sit~Pedal~Travel **A**
 10:00 Range of Motion **V**
 10:30 Mind Joggers **V**
**1:00 Birthday Party with
 Keith Phillips A**

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9:30 Manicures **S/A**
 10:00 Mending with Anne **HL**
 1:00 Bingo **A**
 2:00 Walking Club: Conquer
 The West Coast Trail **A**
 2:30 Coffee with Heidi **V**

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10:00 Range of Motion **S**
 10:00 Chair Dance Yoga **A**
 10:30 Word Games **S**
 10:30 Cranium Crunches **A**
 1:00 Kiwanis Culinary Club:
 Focaccia Bread **A**
 1:00 Snowflake Craft **S**
2:00 House Resident Meeting HL

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10:30 Range of Motion **V**
 1:00 Bingo **A**
 2:30 Tile Rummy **S**
**4:30 Driftwood Chinese
 Dinner Outing**
 4:30-8 Nanaimo Folk Band
 & Fiddelim Rehearsal **A**

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10:00 Sit~Pedal~Learn **A**
 10:00 Exercises **S**
 10:30 Brain Games **S**
 1:00 Giant Scrabble **A**
 1:00 YouTube World
 Heritage Sites **S**
 2:30 Tile Rummy **V**

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18

10:00 Sit~Pedal~Travel **A**
 10:00 Range of Motion **V**
 10:30 Mind Joggers **V**
**1:00 Country Club Mall
 Outing**

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9:30 Manicures **V**
**10:00 Draftsman Stories
 with Alan Light HL**
 1:00 Bingo **A**
 2:00 Walking Club: Conquer
 The West Coast Trail **A**
 2:30 Tile Rummy **V**

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10:00 Range of Motion **S**
 10:00 Chair Dance Yoga **A**
 10:30 Word Games **S**
 10:30 Cranium Crunches **A**
 1:00 **Afternoon Matinee:
 A Man Called Otto A**
 1:00 Painting Bookmarks **S**
 3:00 Social **V**

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9:30 Morning Stretch **A**
 10:00 Range of Motion **V**
 10:30 Brain Games **V**
 10:30 First Baptist Hymn Sing **HL**
 1:00 Bingo **A**
 2:30 Tile Rummy **S**
 4:30-8 Nanaimo Folk Band
 & Fiddelim Rehearsal **A**

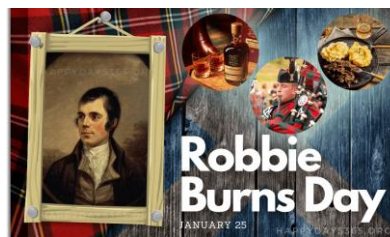
22

10:00 Sit~Pedal~Learn **A**
 10:00 Floral Arrangements
 with Bianca **S**
 10:00 Exercises **S**
 1:00 Winter Seed Sowing
 with Bianca **A**
 1:00 Giant Scrabble **S**
 2:00 Robbie Burns Poetry **FD**
 2:30 Armchair Food Travel **A**

23

1:00 Bible Study **S**

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9:30 **Drop-In Art Group** with
 Art Therapy Student Alessandra **HL**
 10:00 Sit~Pedal~Travel **A**
 10:00 Range of Motion **V**
 10:30 Mind Joggers **V**
 1:00 Bingo **S**
 1:00 Book Club: Discussion
 & Tea **HL**

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9:30 Growing Mushrooms
 Indoors **A**
 9:30 Manicures **S**
 10:00 Mending with Anne **HL**
 1:00 Bingo **A**
 2:00 Walking Club: Conquer
 The West Coast Trail **A**
 2:30 Coffee with Heidi **V**

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10:00 Range of Motion **S**
 10:00 Chair Dance Yoga **A**
 10:30 Word Games **S**
 10:30 Cranium Crunches **A**
 1:00 Creative Crafting with
 Kendall & Heidi **A**
**2:00 Suites Resident
 Meeting S**

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10:00 Seated Tai Chi **A**
 10:00 Range of Motion **V**
 10:30 Giant Crossword **A**
 10:30 Brain Games **V**
1:00 Community Bingo A
 2:00 **Art Group** with Art Therapy
 Student Alessandra **V (sign-up)**
 4:30-8 Nanaimo Folk Band
 & Fiddelim Rehearsal **A**

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10:00 Sit~Pedal~Learn **A**
 10:00 Exercises **S**
 10:30 Brain Games **S**
 10:30 Catholic Mass Lodge
 1:00 Curling **A**
 2:30 Sequence Game **V**

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Australia Day (Observed)

Please call Recreation if you have any questions (250) 740-2879