		Monday Ober Village Recreation	2025	Brechin Elementary FD 10:00 Range of Motion S 10:30 Word Games S 1:00 Nazarene Church Visit V 1:00 Curling A 2:30 Tile Rummy V	10:00 Range of Motion V 10:30 Brain Games V 10:30 St Paul's Communion HL 1:00 Bingo A 2:30 Treats & Fall Trivia A 2:30 Tile Rummy S 4:30-8 Nanaimo Folk Band	World Smile Day 10:00 Exercises S 10:30 Brain Games S 10:00 Sit~Pedal~Travel A 1:00 Tim Westguard on Piano FD 1:00 Armchair Travel Brazil V 2:30 Craft; Thankful Tree A	Saturday 4 KIWANIS VILLAGE NANAIMO
		•	9:30 Pumpkin Spiced Latte by the Fire AD 10:00 Mending with Anne HL 10:30 Boost your Brain HL	10:00 Range of Motion S 8 10:00 Chair Dance Yoga A 10:30 Word Games S 10:30 Cranium Crunches A 11:30 Shopping Outing to Woodgrove Mall 2:00 Welcome Social for all new Residents FD	10:00 Seated Tai Chi A 9 10:00 Range of Motion V 10:30 Brain Games V	10:00 Exercises S 10 10:30 Brain Games S 10:00 Sit~Pedal~Travel A 1:00 Thanksgiving Tea with Entertainment by Marty Steele A	1:00 Bible Study in the Suites
1	2:00 Sing Along Social & Hymn History in the Fireside Dining Room	Нарру	9:30 Manicures A/V 14 10:30 Meditative Coloring A 1:00 Bingo A 2:30 One to One Connections 2:30 Tile Rummy V	10:00 Range of Motion S15 10:00 Gentle Strength A 10:30 Word Games S 10:30 Cranium Crunches A 1:00 Craft; Clay Floral Ghosts A 1:00 Armchair Food Travel to Germany V	10:00 Range of Motion V 10:30 Brain Games V 1:00 Bingo A 2:30 Meditative Coloring HL 2:30 Tile Rummy S 4:30-8 Nanaimo Folk Band	10:00 Exercises S 17 10:30 Brain Games S 10:00 Sit~Pedal~Travel A 1:00 Fall Felt Magnet Craft S 1:00-3:00 Community Bingo Bonanza A 3:00 Happy Hour V	2:00 Drop in Board Games in the House Lounge
1	2:00 Worship Service with	10:00 Range of Motion ∨ 20	9:30 Morning Meditation in the Therapeutic Garden 10:00 Mending /Anne HL 10:30 Stretch & Stroll A 1:00 Bingo A	10:00 Chair Dance Yoga A 11:30 Luncheon with Hong Kong House- ordering in A 2:00 Curling Bonspiel A 3:00 Villa Resident Meeting	10:30 Giant Scrabble A 10:30 Brain Games V 1:00 Bingo A 2:30 Skip Bo S	10:00 Exercises S 24 10:00 Sit~ Pedal ~Travel A 10:30 Brain Games S 1:00 Birthday Party with L & G Entertainment A 2:30 Sequence V 2:30 Stewart Mclean's Vinyl Café HL	1:00 Bible Study in the Suites
	2:00 Worship Service with Generations Church In the Lodge	10:30 Mind Joggers V 10:00 Sit~Pedal~Travel A 1:00 Create a Spooky Scene with Acrylic Paint A	9:30 Manicures V 10:30 Boost your Brain HL 1:00 Bingo A 2:00 Pick a Halloween Costume A	10:00 Fall Scenic Drive Jingle Pot/Brannen Lake Area 1:00 Pumpkin Carving & Painting Party A	10:00 Seated Tai Chi A 30 10:00 Range of Motion V 10:30 Brain Games V 1:00 Bingo A 2:30 Tile Rummy S 2:30 Garden Walks &Hot Chocolate in the Gazebo 4:30-8 Nanaimo Folk Band & Fiddelium Rehearsal A	1:00 Halloween Party with Live Music by PB & J, Costume Contest with Prizes! Family/Staff Welcome A	V-Villa