





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>August 2025</h1> <h2>Kiwani Village Housing Recreation Calendar</h2> </div>						
					10:00 Exercises <b>S</b> 10:30 Brain Games <b>S</b> 10:00 Pedal ~ Family Travel <b>A</b> 1:00 Tim Westguard on Piano <b>FD</b> 1:00 Armchair travel to Australia <b>V</b> 2:30 Bridge <b>HL</b>	1 2 Cool down in the Auditorium and Meditative Colouring
2:00 Hymn Sing with First Baptist In the Lodge	<b>3 Happy B.C. Day 4</b> 	9:30 Manicures <b>S</b> 10:00 Fruit Smoothies & Morning Stretch in the Therapeutic Garden 1:00 Bingo <b>A</b> 2:30 Tile Rummy <b>V</b> 2:30 Where am I? B.C Edition <b>A</b>	10:00 Range of Motion <b>S</b> 10:30 Word Games <b>S</b> 10:00 Chair Dance <b>A</b> 10:30 Cranium Crunches <b>A</b> <b>11:30 Woodgrove Mall Trip</b> 3:00 Ensure Tasting & the Benefits for Seniors <b>HL</b>	<b>11:00 – 1:00</b> <b>Site Wide BBQ with Entertainment by "Sweet Harmony"</b>	10:00 Exercises <b>S</b> 10:30 Brain Games <b>S</b> 10:00 Pedal ~ Family Travel <b>A</b> 1:00 Bingo <b>A</b> 2:30 Stuart Mclean's Vinyl Café <b>HL</b> 2:30 Armchair Food Travel Belgium <b>V</b>	8 9 
2:00 Wakesiah Gospel at the Lodge/1 <sup>st</sup> Floor	<b>10 10:00 Nanaimo Museum Outing "BC. Dinosaurs" 11</b> 1:00 Bingo <b>S</b> 1:00 Tetris Challenge <b>HL</b> 2:30 Coffee & Conversation with Heidi <b>V</b>	9:30 Manicures <b>A/V</b> 10:30 Corn Hole and Music on the House Lawn 1:00 Bingo <b>A</b> 2:00 Grand Parade Poster Creations <b>A</b> 2:30 Welcome New Resident Social at the Fountain	9:30 Maffeo Sutton Park Breakfast Picnic 1:00 Giant Crossword <b>A</b> 1:00 Watercolour Painting with Charlie <b>S</b> 2:30 Ice Cream Sandwiches House/Suites Patio	10:00 Range of Motion <b>V</b> 10:00 Seated Tai Chi <b>A</b> 10:30 Gardening Group <b>A</b> 10:30 Brain Games <b>V</b> <b>1:00 50's Day Car Show &amp; Rootbeer Floats</b>	10:00 Exercises <b>S</b> 10:00 Pedal ~ Family Travel <b>A</b> 10:30 Nature Weaving with Bianca 1:00 Crazy Hat Bingo <b>A</b> 1:30 Bruschetta with Bianca 2:30 Stuart Mclean <b>HL</b> 2:30 Tile Rummy <b>S</b>	15 16 Cool down in the Auditorium and Card Games
	10:00 Range of Motion <b>V</b> 10:00 Sit ~Pedal ~Travel <b>A</b> 10:30 Mind Joggers <b>V</b> 1:00 Seashell Craft with Kendall <b>A</b> 1:00 Lemonade & Laughs <b>V</b> 2:30 Short Stories by the Fountain <b>S</b>	<b>18 9:30 Manicures S 19</b> 10:00 Columbia Bakery Donuts & Coffee on The House Patio 1:00 Bingo <b>A</b> 2:30 Tile Rummy <b>V</b> 2:30 Guided Meditation in the Therapeutic Garden <b>A</b>	10:00 Range of Motion <b>S</b> 10:30 Word Games <b>S</b> 10:00 Chair Dance <b>A</b> 10:30 Cranium Crunches <b>A</b> <b>1-2:30 Kiwanis Kids Water Play Fun! ~All Kids Welcome~</b>	9:30 Crepe Creations 10:00 First Baptist Hymns <b>HL</b> 10:30 Gardening Group <b>A</b> 1:00 Bingo <b>A</b> 2:30 Plinko for Chocolate <b>A</b> 2:30 Tile Rummy <b>S</b>	10:00 Connecting with Kindergarten Kids <b>FD</b> 10:00 Exercises <b>S</b> 10:30 Kindergarteners <b>S</b> <b>1:00 Birthday Party with "Steam Heat" House Patio</b> 2:30 Stuart Mclean's Vinyl Café <b>HL</b>	22 23 
2:00 Generations Church at the Lodge 1 <sup>st</sup> Floor	<b>24 10:00 Range of Motion V 25</b> 10:00 Sit ~Pedal ~Travel <b>A</b> 10:30 Mind Joggers <b>V</b> 1:00 Curling Bonspiel <b>A</b> 2:00 National Geographic's "Ocean" Documentary <b>A</b> 2:30 Sing-a-long in the Therapeutic Garden	<b>26 9:30 Manicures A/V 26</b> 10:30 Stretch & Stroll <b>A</b> 1:00 Bingo <b>A</b> 2:30 Bean Bag Toss on 4 <sup>th</sup> Floor Patio <b>V</b> 2:30 Create an Ice Cream Sundae on the House Patio	<b>27 10:00 Range of Motion S 27</b> 10:30 Word Games <b>S</b> 10:00 Chair Dance <b>A</b> 10:30 Cranium Crunches <b>A</b> 1:00 Bowling <b>A</b> 2:30 Cold Drinks at the Fountain 2:30 Giant Scrabble <b>HL</b>	<b>9:00 Farmer's Market 28</b> for the House & Villa 10:00 Range of Motion <b>A/V</b> 10:30 Word Games <b>A</b> 10:30 Brain Games <b>V</b> 1:00 Bingo <b>A</b> 2:30 Tile Rummy <b>S</b> 2:30 Name That Tune	10:00 Exercises <b>S</b> 10:30 Labour Day Discussion Group <b>S</b> 10:00 Pedal ~ Family Travel <b>A</b> 10:30 Catholic Mass/Lodge 1:00 Drum Fit Fun <b>A</b> 2:00 Outdoor Games & Cold Drinks at the Fountain	29 30 Cool down in the Auditorium and Puzzle
<b>Enjoy the Long Weekend!</b>	<div> <b>31 Legend</b>  <b>A-Auditorium</b>  <b>V-Villa</b>  <b>S-Suites</b>  <b>HL-House Lounge</b>  <b>FD-Fireside Dining Room</b> </div> <div>  <div>             life is grand.              Sept. 20, 2025  <a href="http://thegrandparade.org">thegrandparade.org</a> </div>  </div>					<b>Sign up today for the Grand Parade!</b>