

Sunday

Monday

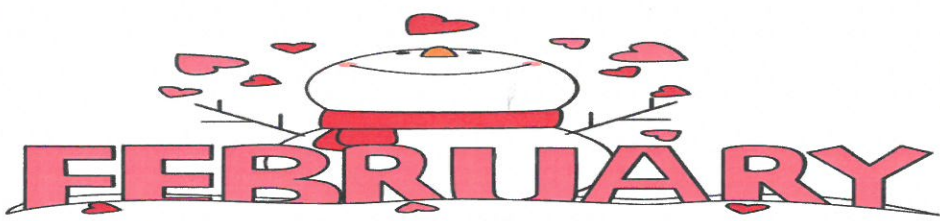
Tuesday

Wednesday

Thursday

Friday

Saturday



Please Check Daily Board
Calendar subject to change
If there are no brackets, the program will be held on the 1st floor in dining room
Feb. 23-29 Recreation Therapy Week
The 5 Domains

1
10:30 Noodle Fun
11:00 Trivia
2:00 Manicures (4)

2
10:00 Walkabouts
10:30 Hymn sing
11:00 Word Game
2:00 Curling

3
10:00 visits
10:30 Presbyterian Church
11:00 Church Social
2:00 Travelling Ice Cream Cart
6:15 Love Song Trivia

4
10:00 Morning Visits
2:00 Chocolate Program " Food of the Gods"
2:00 Bocce Ball
6:15 Social

5
10:30 Horticultural Therapy (4)
10:30 Card Bingo
2:00 Bingo
6:15 Anne with an E

6
10:00 Music Therapy (4)
10:30 Let's have a ball!
11:00 What Am I?
2:00 Birthday Party Ent. Folk and Oldies
4:00 Dinner outing (Space limited)

7
10:30 United Church
11:00 Let's Move!
10:30 Fireside visit
2:00 Happy Hour with The Real McCoy

8
10:30 Make Valentine's Cards
2:00 Baking and decorating Valentine's Cookies

9
10:00 Morning Visits
10:30 Let's Move!
11:00 Trivia
2:00 Scenic bus ride

10
10:00 Walkabouts
10:30 Chair Chi
11:00 Finishing Words
2:00 Hockey
6:15 Romance Conversation Card Social

11
10:30 Pentecostal Church
11:00 Who am I?
10:30 Manicures (2)
1:00 Heart and Stroke Cupcake Sale
6:15 Make your point

12
10:30 Horticultural Therapy (3)
10:30 Remembering our Friends
11:00 Lunch Outing (Space Limited)
2:00 Bingo
6:15 Anne with an E

13
10:00 Music Therapy (3)
10:00 Shopping Trip to London Drugs
10:30 Make your table card "Funny Valentine"
2:00 Bowling
6:15 Laughter is the best medicine

14
10:30 Famous Couples
2:00 Valentine's Party Ent.
Nanaimo Accordion Band
Valentine's Day

15
10:00 Fireside Coffee and Muffin
10:30 Let's Move!
11:00 Valentine Word Game
2:00 Floor visits
2:00 Now and Then

16
10:30 Moving and Grooving
11:00 You be the Judge
1:30 Romantic Movie

17
Family Day
10:30 Stretch it out
11:00 Trivia
2:00 Curling
6:15 Make Your Point
Presidents' Day (US)

18
10:30 Hymn Sing
11:00 Let's Move!
2:00 Crafts
6:15 Travelogue Cruises

19
10:30 Horticultural Therapy (2)
10:30 Card Bingo
2:00 Bingo
6:15 Anne with an E

20
10:00 Time to Dance with Stephanie
2:00 Bowling
6:15 Karaoke with Larry

21
10:30 Chair Chi
11:00 News & Views
10:30 Manicures (3)
2:00 Wheel of Fortune
2:00 Floor Visits

22
10:00 Floor visits
10:30 Mystery Program
12:00 in house Cheeseburger lunch (Space limited)
2:00 Bocce Ball

23
10:30 Let's Have a Ball!
11:00 Q&A
2:00 Visit with Coffee the dog

24
10:30 Anglican Church
11:00 Let's Move!
2:00 Hymn Sing
Spiritual

25
10:00 Walkabouts
10:30 Balloon Badminton
2:00 Fat Tuesday Pancakes & Trivia
Social

Mardi Gras

26
Pink Shirt Day
10:30 Horticultural Therapy (4)
10:00 Morning Visits
10:30 Bingo
11:00 History of Pink Shirt Day
2:00 Chair Chi
Physical

27
10:00 Music Therapy (2)
10:00 Morning Visits
10:30 Men's Program
2:00 Make Your Point
6:15 Happy Hour with Garth
Cognitive

28
10:00 Fireside Coffee and Muffin
10:00 Morning Visits
10:15 Catholic Church
10:45 Noodle Fun
2:00 Apron Strings Reminiscing
Emotional

29
10:30 Now and Then Fun Facts about Leap Year
10:00 Men's Tim Hortons Coffee Club

Leap Day
2:00 Hockey